
RAINBOW TREASURES

Volume 1, Issue 1

February 2, 2009

A Message from the Editor

Putting together Rainbow Treasures for the first time has definitely been a learning experience. I loved reading everyone's submissions and getting to know what's really going on in Canadian Rainbow. I am so eager for everyone to read 2009's first Rainbow Treasures. The girls put so much effort into their work and it truly does show. I am so proud to be a part of this great organization and know you will all have great time reading it, just as I did putting it together. Thank you so much to everyone who contributed to it, your creativity truly amazed me. I can't wait to get started on our next edition.

Toronto #2

Hey girls!!!
Since last we met at the Grand Officers Reception, the Toronto Assembly has been really busy. Sarah's Installation was put together by Christina O and Lorraine B. They did a great job keeping it a secret and putting together the Hannah Montana Theme. Our Assembly has also gone to mini putt and had a Halloween costume/bring a friend night. At this party the girls were allowed to bring a friend or friends so that they can see what Rainbow Girls do. We had an open meeting and afterwards we went trick or treating and the tricks were

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If I could catch a rainbow
I would do it just for you,
And share with you its beauty
On the days you're feeling blue



If I could build a mountain
You could call your very own,
A place to find serenity,
A place to be alone

If I could take your troubles
I would toss them in the sea,
But all these things I'm finding
Are impossible for me

I cannot build a mountain,
Or catch a rainbow fair,
But let me be what I know best,
A friend who will always be there

Author unknown. ❖

Codiac #25

Codiac set off for home from Grand. Well, we left the Cooper girls behind and we just had to do some shopping on the way back to Moncton. Then October came along and Page, Daphne, Melissa C and Samantha were off on a big trip to Springfield, Ma to see one of the many wonderful Shiner's Hospitals for Children, and then to Six Flags the next morning with our DeMolay and Rainbow from Maine. Now we are getting in to November. With the help of our new Pledge Mother April and Mum Page, we started to form a Pledge group which we are very happy about. It is December now and we are have our Christmas party with the DeMolay and had lots of fun. It is going on January and we are planning the Installation of the new Worthy Advisor Samantha Dunbar - it is going to be a Scottish theme term.

Lots of love, Codiac



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very interesting. There was singing, dancing, and a couple of games. All together it was a really fun night. But the Toronto assembly isn't just about the fun activities. We also help around our Masonic community. We have cleaned for dinners and have done a Masonic Heritage presentation for St. Aiden's Lodge, showing our fraternal fathers how Rainbow relates to Masons. We recently had our annual co-operative dinner and meeting with Primrose. It was hosted at Toronto Assembly. It was a great success and if you weren't there this year, keep your eyes peeled and your ears open for next year. That night we welcomed a new girl who goes by the name of Courtney. In our previous meeting, we welcomed Mom Benoit and her daughter Evelyn to our Pledge group. See you at Grandy camp.

In Rainbow Love and Service,
Michelle Guerrero
Grand Journalist of Toronto Assembly #2 ❖

Did You Know???

Did you know the word "lethologica" describes the state of not being able to remember the word you want?

Did you know stressed is Desserts spelled backwards?

Author Unknown

Editorial

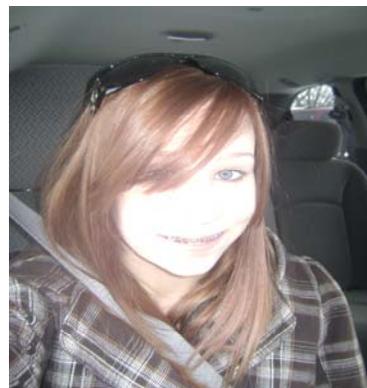
Hope doesn't abandon us; we abandon it. This quote has so much meaning to me over the past couple of months. In November of 2008, I was diagnosed with Chronic Fatigue Syndrome and Severe Orthostatic Hypotension. Leading up to this diagnosis was a very hard uphill battle with my health.

Chronic Fatigue Syndrome basically means that I'm tired almost all the time, when I sleep it's not as restorative as with other people, meaning I need a lot more sleep to get the same amount of energy as other people. Orthostatic Hypotension is also known as Postural Hypotension. It is a failure of my autonomic nervous system, and is also a form of low blood pressure. To many people, Orthostatic Hypotension is fairly easy to deal with. Over 65% of seniors deal with minor ICD (Orthostatic Hypotension), but for me this was not the case. After many dizzy spells and falls, I was put in a wheelchair to go to school. After a hard day of school, my CFS (Chronic Fatigue Syndrome) would set in and I would sleep until the next morning. I wasn't getting any homework done and going to school in a wheelchair

wasn't the easiest, so after many months of e-mails, calls and faxes I am now on home instruction. This is set up by the hospital and the school board, who have deemed me incapable of being in school, so instead Mr. Berry comes for 5 hours a week and keeps me up to speed on what I'm missing.

Soon after I wasn't able to go school, I abandoned hope, but I was convinced that it had abandoned me. I would sleep all day and never have my friends over. I was convinced I was too sick for anything. This was hard, as I had isolated myself from the rest of the world and my life consisted of lots of sleep, a little bit of ice cream and some Maury and Steve Wilkos. I would only get out of bed to go to Physical Therapy, which at the time I didn't take seriously.

After a while of throwing myself the longest pity party ever, I decided that I wanted to get back to school and see my friends. I missed being social. I started getting up and reminding myself of all the people who loved me and wanted me to get better. I would always look at the cards my friends sent to me and all the cards I got from the Assemblies. I remembered all the support I had behind me, and I found hope again. I started working hard at Physical Therapy and trying really hard to earn my credits for school. I'm working hard at getting better, and all the support I have gotten is amazing. That's when I realized hope did not abandon me, I abandoned it. Thank you for all of the support Rainbow has given me. Your cards, positive thoughts, and prayers truly mean the world to me, Thank you.



In Rainbow Love and Service,
Emily Beaudoin
Grand Editor and Grand Representative to New Hampshire and Mississippi.

Ottawa #3

Well, what I can say about this term is that it was great! At the beginning of this term, Beth Gilmore was installed as Worthy Advisor.

One of the first events Beth arranged for this term was the "Haunted Walk" with the active DeMolay members. We were told spooky stories...some told were true! After that, we got to look around some of the buildings and it was scary!

Then we went to O.P.C. It was very fun hanging out with the DeMolay members from all over Ontario. One of the best parts was that we went paintballing – even though it hurt a lot. We also had a dance.

In November, we had a dinner and market. The dinner was cooked by the Rainbow Girls, parents, and volunteers. The market was held by anyone who had anything to sell. A Pledge table was there as well as a jewellery table and a bake table with lots of yummy treats.

December 6-7, 2008 was our Poke-A-Thon. We got to go to Mum Tracy's house, and play in the snow until we froze. Then we went inside her house for hot chocolate and to build marshmallow men. After that, we drove to a hotel. We had a pizza supper, and shortly after that, we went swimming in a huge wave pool with a waterslide. It was so much fun!

This term was awesome and I hope all of the Rainbow Girls, parents, and volunteers had just as much fun as I did! All of Ottawa is looking forward to Jessica's term!

In Rainbow Love and Service,
Sydney Lebreton
Grand Journalist, Ottawa Assembly #3

Greetings from Mum & Dad Little

Now the hard part of listing my top 5 favourite things about being the Supreme Worthy Associate Advisor. Let me think, there are so many!

- 1) Having the opportunity to visit with not only our Canadian Rainbow Girls, but Rainbow Girls from all over the world!
- 2) Feeling the wonder when I watch our youth! You girls have so many talents and opportunities and it gives both Dad Little and I great joy when you see you excelling in all of your endeavours!
- 3) Working with your Adult Supporters, who are such dedicated people and so willing to share their time and talents with each of us.

4) Participating in the charitable projects that you girls organize each year. It was wonderful to know that we shared the joy of Danielle's Grand Officers' Reception with those less fortunate by bringing grocery items.

5) Making plans for the Installation at your Supreme Sessions of 2010 and our Supreme Sessions of 2012; I just know they will be AWESOME as we will have the opportunity to share in these preparations with you girls. I can hardly wait to hear all of your suggestions to make this a memorable experience for all of you!

There seems to be so many things that we haven't had the chance to say since Grand Assembly in Ottawa so, congratulations to Angela and her Corps of Grand Officers on a fantastic year – you 'Rocked the boat this year'! Congratulations to all of the recipients of the Scholarship Awards; we wish you every success in all of your scholastic endeavours!

Congratulations to Danielle and her Corps of Grand Officers and Representatives as you anticipate your year and the fulfillment of your Rainbow Dreams! What a wonderful time we had at the Grand Officers' Reception in Belleville; there sure are some good cooks down there; picnic was fantastic! We want to thank everyone for their warm 'Rainbow' welcome!

It's hard to think that Christmas is so close, but even though I am writing this article on such a lovely, sunny day with the temperature sitting at 5C outside the patio doors, there has been quite a bit of snow in the Barrie/Orillia area; soon all the leaves will be off the trees which is a sure sign that Christmas is approaching very quickly for news commentators and the commercials on TV are also telling us that there are only so many shopping days left to Christmas!

Our Rainbow family has so much to be grateful for; we are surrounded by the love of our families, our Rainbow Girls, our Advisory Boards, and our sponsoring Orders. We live in a wonderful country where we learn to care for each other and to share our blessings with those who find themselves in less fortunate circumstances, in good times and bad. We have the freedom to worship our individual beliefs and to participate in all of the festivities of those religions.

Let us all take a moment as we celebrate the most precious gift, the birth of Jesus Christ, to pray for peace throughout the world.

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"How precious is your loving kindness, O God!"
Psalm 36:7

"Keep the unity of the spirit in the bond of peace."
Ephesians 4 – 5.

This Christmas, may God grant you moments that are specially loving, hearts that are especially blessed! We hope Christmas at your home goes hand-in-hand with love, joy and peace.

Merry Christmas and may God bless each of you!

In Rainbow Love and Service,
Mum & Dad Little & family.

FRIENDS: Never ask for food.

BEST FRIENDS: are the reason you have no food.

FRIENDS: Call your parents Mr. / Mrs.

BEST FRIENDS: Call your parents DAD/MOM

FRIENDS: never seen you cry

BEST FRIENDS: cry with you

FRIENDS: Borrow your stuff for a few days then give it back

BEST FRIENDS: keep your stuff so long they forget it's yours

FRIENDS: Would knock on your front door

BEST FRIENDS: Walk right in and say 'I'M HOME!'

FRIENDS: Are for awhile

BEST FRIENDS: Are for life

Riddle????

I am not alive, but I grow; I don't have lungs, but I need air; I don't have a mouth, but water kills me.

What am I?



I am Fire

Joke

What do snowmen eat for lunch?

Icebergers!

Greetings from our Supreme Deputy

Greetings everyone and Happy New Year! I hope that everyone is feeling rested and refreshed after a great holiday season, and is ready to move ahead into another year in Canadian Rainbow. As the cold weather sets in for a while, I hope that we can all spend some time at Installations and other events, sharing the warmth of the friendships that we have in Rainbow.

Like the Grand Journalists, Grand Editor Emily tasked me with coming up with a top 5 list. Mine is the top 5 things about being Supreme Deputy. I hope you enjoy them and look forward to seeing many of you in the coming months.

1. Spending time with Rainbow Girls!!!!
2. Helping to keep Canadian Rainbow alive and relevant.
3. Pizza party in my room at Grand Assembly.
4. Making Aline and Sara do stuff for me (see #5) :o)
5. Never having to unpack my own car or carry my own stuff at Rainbow events.

In Rainbow Love and Service,

Mum Luanne



Faith Assembly # 14

September rolled around as we welcomed our new Worthy Advisor Dominique Kennedy and her new corps of Officers. October 3rd, off we were for some fun rock-a-bowling, and each of the girls was encouraged to invite a friend to participate along with us. Our second meeting in October is always planned as our annual open house Halloween party. Each girl is encouraged to bring a friend, and everyone dresses up - even our Advisory board members meet the challenge. To make this night even more interesting, each girl needs to come up with some kind of interesting inventive game or trivia to share. November 17th, we initiated three new girls: Samantha Armstrong, Morgan Lackey, and Meghan Harford, "oh what an exciting night it was", thanks to our sisters from Belle Assembly #17 and Hamilton Assembly #1. Thank you for making this night so special. November 15th, 16th, 22nd & 23rd, we happily volunteered too give out free samples for our local Zeller's store, and received a donation towards our travel fund. Our Mother Advisor came up with name tags (our business card template) and we happily answered inquiring question about our organization. This fund-raiser gave us the opportunity to be seen, as well as to spend some time getting to know our newest members, and have them join us in shopping. Each year we are able to shop for our local giving tree. We are given \$ 500.00 and ten names to buy for, thanks to Centennial Chapter (Order of The Eastern Star) in Cobourg. Our second meeting in December brought us to our Christmas party. Gifts were exchanged, games played and snacks were served. Everyone had a great time. As well, we are very happy to have an exceptional Mother Advisor Kim Kennedy, as she takes a lot of time out of her busy life to help us all. Whenever we need her, she's always there no matter what.

Submitted By:
Dominique Kennedy WA
Meghan Ingram WAA
Kyira Adair-Barchuk



The GWA'S Report

And so our story begins...

Or rather, it has already begun. So much has happened in such a short period of time. I hope everyone has been keeping busy since Grand and that you are all having as much fun as I am so far this year as we venture together through the Hundred Acre Woods.

We got a jump start on the year with a picnic celebration and it was great to see so many familiar (and new) faces at the Grand Officers' Reception this past October.

The next chapter of this story took Winnie the Pooh and I on the road where we began travelling to some Assemblies to begin my official visits just in time for the holidays. I would like to thank Belle, Toronto and Hamilton Assemblies for all of their hospitality and the work that went into these VERY memorable experiences.

Now that the holidays have reached their end for another year, I look forward to seeing you all and making new memories in 2009 as Assembly Installations start off the month of January. I wish all Officers the best of luck in the term to come! Grandy Camp is fast approaching and I look forward to spending a fun filled weekend with all of you in the Hundred Acre Woods... literally!

In Rainbow Love and Service,
Danielle Mills
Grand Worthy Advisor 2008-2009



Top 5 Things about Being GWA

It is definitely hard to narrow down the top 5 things about being GWA as there are so many memories to pull ideas from even up until this point, and it really has only just begun...

1. Being able to represent and collaborate with some of the most amazing people I have ever had a chance to meet in my life.
2. Having fun and laughing at receptions, dinners, sleepovers and camp (stay posted!).
3. Being given the opportunity to proudly to represent such a wonderful organization.
4. Travelling, meeting new people, and making memories to last a lifetime.
5. And of course what girl does not love to wear a gown and a pretty sparkly crown, right?

A message from our Grand Representative Coordinator

Dear Grand Representatives,

Merry Christmas and Happy New Year! I am hoping that each of you has received the cardboard map from your Mother Advisor which was given out at the Grand Officers' Reception. Just in case you have forgotten, for our contest at Grand Assembly I am asking you to decorate the maps with pictures and words that demonstrate what you have learned about Rainbow in your various jurisdictions and what you have learned about your counterparts. These maps will be marked on just that, what you have learned about your counterparts, Rainbow in other jurisdictions and of course creativity!

Don't forget that the maps are not all that you have to do for Grand Assembly this year. You will still need to write a report that needs to be no longer than 3 pages at 11 point font and prepare a cover page. The cover page can only have a picture of you on it if there is more than one Canadian Rainbow Girl in the picture (so that the judging will be anonymous). This report without the title page will need to be e-mailed to our Grand Representatives Chairperson, Karen Beaudoin by Thursday July 30th at midnight Eastern time. Mrs. Beaudoin's e-mail is karenbeaudoin@sympatico.ca. A hard copy of your report will then have to be handed in again with your cover page at Grand Assembly on Thursday August 6th, 2008 by 1pm. You may also hand in your maps at this time. We ask that no names are put on any pages of your report so that the marking remains fair. Your report will be marked for contacting your counterpart; facts about Rainbow in their area and personal information about your counterpart. These are all the rules! We will definitely be sending the rules again before Grand to remind you just in case you forget them.

At any time, feel free to contact me as well at jess_lemon_11@hotmail.com if you have any questions. Good luck!

In Rainbow Love and Service,
Jessica Harris



Grand Assembly

Well, I can't speak for the rest of Canada but I can tell you what I thought about Grand Assembly. I thought that Grand Assembly was awesome. The ritual work some of you girls did was just mind-blowing. The food was good, the ceremonies were great, and the emotion put into the work was just so intense. I don't know how you do it! I don't know about you guys, but I got some pretty weird reactions from the people on campus about my white dress. There were even a couple of people who thought I was a run away bride from a wedding on campus. I don't know anyone who would get married on a campus, but that's just getting off topic. All I really have to say about Grand Assembly is you all did a great job with your memory work, your emotions, the way you handled the early mornings and getting to the hall on time and ready to go. To me Grand Assembly was really fun, especially since it was my first Grand ever. I would also like to take this time to thank everyone who helped make Grand special for every girl who attended.

In Rainbow Love and Service,
Michelle Guerrero
Grand Journalist of Toronto Assembly #2



Primrose #8

The excitement started just after Janine was installed as Worthy Advisor in June. Her term started with an exciting Founder's Day picnic. The day started off with the girls meeting at Coffey Creek. We donned rubber boots and work gloves as we started rebuilding the creek. Following the creek rehabilitation, we headed to Janine's house for an afternoon of fun and food. During dessert we were entertained with a film of New Hampshire's Grand Assembly, and boy was Angela entertaining. She taught the Americans the Canadian alphabet (ending in "zed" not "zee"), and we all learned Angela's version of the YMCA dance.

As summer came to an end, we hopped in our cars for a long journey to Ottawa. Although it was far, it was full of fun and excitement with the Castaway Sessions of 2007-2008 awaiting the arrival of Primrose. Many of the girls were installed as Grand Officers and some were also appointed Grand Representatives. It was an awesome weekend and one we won't forget.

Shortly after Grand Assembly some of the Rainbow Girls from our Assembly and other Assemblies traveled to Grand Chapter OES and did a presentation on "What is Rainbow?" The DeMolay and Job's Daughters did a presentation as well. Then we all went to the pool and had a good time.... even our Mother Advisor went in.

During their annual OPC weekend, DeMolay elected Amy as Provincial Sweetheart! Amy was thrilled and excited to have this honour. Primrose is very proud of Amy.

The days got colder and that meant that Primrose and Toronto Assembly were getting ready for our annual Co-op meeting and Toronto's Christmas dinner. The food was great and the meeting was long but fun. Toronto had an Initiation and a Majority Service with some of Primrose helping out.



Now that Janine's term is coming to an end, we are looking forward to an exciting term with Meagan. We hope that she has lots of fun planned for us in the New Year.

In Rainbow Love and Service,
Michelle Borgal
Grand Journalist of Primrose Assembly #8

An Aruban Meeting



The Christmas Meeting of Aruba Assembly #1 was held on December 29th, 2008. Since they do not have a Grand Assembly, their major meeting is at the end of December as their older girls, who are studying abroad for college, are often home. They performed their Majority Service, where 6 girls who had reached their 20th birthday received Majority, and the service was the same as what was previously used at our Grand Assembly. We were all in awe as we discovered that there were 55 girls present for the meeting, not including Leslie and me. The meeting was followed by a wonderful dinner and a Secret Santa. We all went outside where they had fireworks. To cap off the night, several members of the DeMolay Chapter were also present so that they could pick a Chapter Sweetheart for the next year. It was a full night, but my whole family and I had a wonderful time enjoying in the fellowship that only Rainbow can bring across such borders.

In Rainbow Love and Service,
Amy Larue

Belle #17

After we packed our bags and went home from Grand Assembly, Belle was a busy place. We had to prepare for the Grand Officers' Reception that was on October 25, 2008. Everyone had a tribute to write, and also had to help paint the honey pot table favors for the guests. The reception was enjoyed by all, even the ones who didn't spend the night.

Our main fundraiser this term was a Pampered Chef party. The food was delicious and enjoyed by all who attended. Everyone got to help make the wonderful creations, which gave them a chance to test out the products. Overall the party was a huge success, and helped people finish their Christmas shopping.



At our first meeting in December, Belle got into Karen's van and went bowling! Everyone got to bring a friend which made the night even better because we all got to meet new people. We played two games, with Sarah winning both!

We'd like to thank our Mother Advisor Karen for putting up with our music from Sarah's iPod on those long road trips. Oh, and also for putting up with our singing and dancing in the back seat. We must look crazy going down the highway!

In Rainbow Love and Service,
Maddy Adams
Grand Journalist of Belle #17

Top 5 lists

This year, each Grand Journalist was asked to come up with a top 5 list with her Assembly. This was the example I gave the girls:

Top five things Rainbow taught me:

5. If you forget your white slippers, converse will do.
4. Car trip sing-alongs are great at first, but after 45 rounds of Jessica blaring "BBQ stain on my white t-shirt." HELP!
3. Sleep is not necessary at Rainbow events
2. When mom tells you to learn your memory work for the 10th time, she means it!
1. Any thing you can do, a Rainbow Girl can do better!

These are the lists that the girls came up with!

Toronto #2

The top five things that make a regular meeting interesting:

- 1) Funny / Fun advisors (example: just look at the Advisors in Toronto)
- 2) Fun activities for after the meeting
- 3) Asking everyone their opinion
- 4) A positive attitude
- 5) Trivia during attendance

Faith #14

Faith's top 5 ways to get new members:

- 1) Fun Nights (bowl-a-thon and parties)
- 2) Being seen in the community (volunteering)
- 3) Talking about Rainbow to our friends and families
- 4) Open meetings
- 5) Playing videos and handing out brochures at functions such as Roast Beef Dinners and Ham Dinners

Belle #17

Top Five Fun Things To Do In Rainbow:

5. Bowling
4. Shopping while on road trips
3. Rides in Karen's car
2. Making friends that you can see outside of Rainbow
1. Sleepovers

Ottawa #3

The top five things to always remember to bring to an event:

1. Always remember a positive attitude to all Rainbow events.
2. iPod/mp3 player, just in case you can't fall asleep during sleepovers!
3. Rituals are always a must have.
4. If we end up going somewhere with a pool, always remember to bring 2 bathing suits, just in case someone forgot theirs!
5. Your manners are a big one, always be polite to all Rainbow Girls, parents, and volunteers.

Primrose #8

Why Rainbow friends are different from non-Rainbow friends:

1. Your Rainbow friends are the only ones you trust to help zip up your dress.
2. Your Rainbow friends are the only ones who would understand why you drove 12 hrs for a 3 hour meeting.
3. Rainbow friends give lots of hugs...when saying hello...when saying good-bye...and a hug just because.
4. You can count on your Rainbow friends for advice or to cheer you up when you're down.
5. When you are walking around mumbling under your breath, non-Rainbow friends would ask: who are you talking to? Rainbow friends would ask: do you want help memorizing your work?

Thank you so much for reading Rainbow Treasures, Canadian Rainbow's Official newspaper. If you have any questions, concerns or articles to submit to the next edition, please e-mail me (Emily Beaudoin), Grand Editor at emilyx.x.x@hotmail.com



A Few Short Stories

The Christian Bear

There was a man who one day didn't feel like going to church so he decided to go hunting instead.

He was out in the bush when he was approached from behind by a bear. He dropped his gun by accident but didn't bother to pick it up.

He ran for his life, weaving in and out the trees with the bear on his trail. Curving around a tree, he tripped over its root.

He looked up and the bear looked down. The bear was about to strike at him. He put his hands together and prayed:

"Dear lord, please let this bear be a Christian."

The bear sat down on its bum and prayed "Dear lord, thank you for the food that I am about to receive"

Going to the doctor

A patient goes to the doctor's office where, much to his surprise, the doctor asks him "Would you please help me with a problem I'm having?"

"Sure, doctor, what can I do for you" says the patient.

"Would you scream in the most earsplitting, piercing screams you can manage? Try to make it sound as if you're in terrible pain." The doctor says.

"But why, doctor, when you've always been gentle with me and your treatments have never caused me any pain?" Asked the patient

"Yes," Says the doctor in a matter-of-fact tone, "but I have a 4 o'clock tee time at the golf course I don't want to miss, and my waiting room is still full of patients."